



## Guidelines for Junior Athletes

Children have a great deal to gain from sport in terms of their development and enjoyment. The promotion of good practice in sport will depend on the co-operation of all involved, including young athletes. North Belfast Harriers wish to provide the best possible environment for all young Harriers. Children have rights, which must be respected, and responsibilities that they must accept. They deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. They should be encouraged to realise that they, also, have responsibilities to treat other athletes and sports leaders with fairness and respect.

Junior athletes are entitled to:

- Be safe.
- Feel safe.
- Be happy, have fun and enjoy their athletics activities.
- Have fair play.
- Be listened to and have an appropriate response.
- Be afforded confidentiality.
- Be treated with dignity, sensitivity and respect.
- Have a voice in the club.
- Experience training and competition at an appropriate level.
- Be represented at decision making bodies within their club.