

## Entry form

Full Name:

Address:

Post Code:

Date of Birth:

Mobile No:

Email:

Club/Team (If Any)

Entry (please tick one) **Individual Categories (10k Only)**

10k <input type="checkbox"/>	Male	Female	Junior
Fun Run <input type="checkbox"/>	Open <input type="checkbox"/>	Open <input type="checkbox"/>	Male U-18 <input type="checkbox"/>
	Vet 35 <input type="checkbox"/>	Vet 35 <input type="checkbox"/>	Female U-18 <input type="checkbox"/>
	Vet 40 <input type="checkbox"/>	Vet 40 <input type="checkbox"/>	
	Vet 45 <input type="checkbox"/>	Vet 45 <input type="checkbox"/>	
	Vet 50 <input type="checkbox"/>	Vet 50 <input type="checkbox"/>	
	Vet 55 <input type="checkbox"/>	Vet 55 <input type="checkbox"/>	
	Vet 60 <input type="checkbox"/>	Vet 60 <input type="checkbox"/>	

All age groups relate to age on day of race. Prizes outside first three will be awarded in categories entered.

**Race numbers and timing chip may be collected at Ozone Centre between 12pm-3pm on Saturday 3rd September and 10am-1.45pm on the day of the race.**

### GOODY BAG FOR ALL FINISHERS

Please enter me for the above event for which I enclose the appropriate fee. I am an amateur as defined by Athletics NI and agree to abide by their rules.

Signed:  Date:

Print Name:

I enclose pre entry fee of:

10k - £12.00 (non affiliated)  10k - £10.00 (affiliated)

Fun Run - £4.00

**PLEASE MAKE CHEQUES PAYABLE TO NORTH BELFAST HARRIERS**



**Disclaimer:** I/We acknowledge that I/We will participating entirely at my / our own risk and to the extent permitted by the Unfair Contract Terms Act 1977 and that the organisers will not be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default of the organisers or their agents or from any other cause including an act of God or the physical condition of the competitor.

You can find out more information or enter this race via:  
**www.laganside 10k.com** or by filling in this form and posting to:  
 Race Director, 30a Lurganure Road, Maze, Lisburn BT28 2TS.  
 Enquiries: 028 9262 1688