



## Risk Assessment for Junior Road Runners (Tuesday, Girls' Model Track)

<b>Task/Activity</b>	<b>Hazard</b>	<b>To Whom</b>	<b>Precautions in place</b>	<b>Additional Precautions</b>
Group safety every run	Venue/location  Ability of participants  Any health issues	All participants	Meet at secure venue of Girls' Model, welfare facilities on site  Children split into groups, generally 13 and over, and 10-13  Nightly register with health issues noted plus contact details	If appropriate, ensure participant runs with medication
General safety	Visibility  Injury or illness during the run  Inappropriate clothing or footwear	All participants	All participants should wear hi-vis vests  Leader carries mobile phone. Should always be two leaders so one can return with sick or injured child if needed  Visual check before departure, any child with inappropriate attire remains at track	Zero tolerance approach  Encourage leaders to take first aid training  Speak with parent on collection
Running route	Traffic  Footpath capacity and condition	All participants	Make use of minor roads and parks, staying clear of major roads  Use roadways with good continuous footpaths	



	Visibility		In winter, only use routes with street lighting	
Traffic and crossings	Crossing side roads etc.  Crossing main roads  Other pedestrians/cyclists	All participants and public	Run as a group with leader at front and back. Front leader holds group back and crosses only when safe  Use proper crossing points and regroup and cross as a unit  Always give way to cyclists and other pedestrians	Under 13 group limit to 15 participants and two leaders. Periodically regroup to keep bunch tight Make sure rules are announced before every run and be prepared to exclude children who do not comply
Weather	Very hot  Icy or slippery  Low visibility e.g. snow	All participants and public	Leader to carry water and sun cream  If hazardous, cancel run  If hazardous. Cancel run	Be prepared to abandon run if conditions deteriorate during the run
General Public	Others getting in the way  Local events and protests  Dogs e.g. running loose in parks	All participants and public	Be respectful to public and give way  Be aware of public announcements  Keep group compact	Local knowledge, avoid known hotspots Carry number for dog warden
Other risks				